

URSULINE SERVICE DIRECTORY

Art for the Family - Ursuline ArtSpace Studios

Ursuline Sisters collaborate with community artists and professionally credentialed art therapists to provide educational and therapeutic art-making. Call (440) 449-1200, Ext. 285 or visit www.artspace.com.

Biodynamic Craniosacral Therapy

Sister Jennifer Corlett, Ph.D; (440) 442-4160, Ext. 239 or jcorlett@ursulinesisters.org.

Birth Coach/Doula

Sister Mary Ellen Brinovec; email mebrinovec@sbcglobal.net or call (216) 382-0547 or (216) 407-1836.

Clutter Control/Organization

Sister Charlotte Trenkamp; organizes closets, drawers, offices, desks and/or attics; call (440) 449-1200, Ext. 388.

Education/Vouchers

Sister Renee Oliver presents "parents' rights in education and vouchers." Email roliver@ursuline.edu.

Licensed Professional Clinical Counseling

Sister Jennifer Corlett, Ph.D; (440) 442-4160, Ext. 239 or jcorlett@ursulinesisters.org.

Parenting Seminars

Sister Margaret Link; summer and weekends; email mink20@yahoo.com.

Pilgrimages

Mary Ellen Brinovec; two-week pilgrimage to Northern Italy, 'Angela's Italy,' 'Armchair Pilgrimage' to Italy's major cities; email mebrinovec@sbcglobal.net or call (216) 382-0547 or (216) 407-1836.

Mindfulness Based Stress Reduction

Sister Ann Winters; eight-week course and retreats; call (440) 442-4160, Ext. 230 or email awinters@ursulinesisters.org.

FACILITY RENTAL/USE

Ursuline Educational Center

A variety of great spaces are available for meetings, group retreat days, seminars, workshops, conferences, etc. Catering is available, along with standard meeting amenities. Contact Sister Barbara Jean Sever at (440) 449-1200, Ext. 123.

Prayer Labyrinth

This prayer space is located in front of the Ursuline Educational Center. Individuals are welcome. Groups should contact Joann Piotrkowski at 440-646-8327.

Reiki

Sister Ann Winters; treatments (clinic hours and by appointment) and training through Level III/Advanced; Call 440-442-4160, Ext. 224.

Spiritual Direction/Development

Sister Rosemarie Carfagna; email rcarfagna@ursuline.edu or call (440) 449-1200, Ext.383.

Sister Anne Marie Diederich; Copley/Akron; email amdiederich@yahoo.com.

Sister Barbara Lusnak; call 440-449-1200, Ext. 368.

Sister Sheila Marie Tobbe; email sheilamarie10@juno.com.

Transition/Life Coaching

Sister Mary Ellen Brinovec; email mebrinovec@sbcglobal.net or call (216) 382-0547 or (216) 407-1836.

Sister Donna Capuano; career and life transition; email dcapuano@ursulinesisters.org.

Tutoring

Ursuline Institute of Learning

UIL provides tutoring for children and adults at the Ursuline Educational Center, our Ursuline Motherhouse, at all grade levels including college. Contact Sister Lois Petersen at (440) 449-1200 ext. 280; or Sister Mary Irene Kane, at (440) 449-1200 ext. 280.

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Junior High Math

Sister Martha Mooney tutors seventh- through tenth-grade students. Email mmooney@vasj.com.

Retreats/Workshops/Days of Recollection

Sister Mary Ellen Brinovec; individual directed retreats; Labyrinth retreats; creative prayer; “Lights, Camera, Contemplation,” using photography and contemplation to appreciate the world; “Angela, a Woman for All Seasons,” week or weekend dialogue retreat; ‘The Four Agreements,’ four-week series; ‘Forgiveness,’ four-week series; ‘An Alternative Christmas,’ Advent; email mebrinovec@sbcglobal.net or call (216) 382-0547 or (216) 407-1836.

Sister Elaine Berkopec; half- or all-day retreats on ‘St. Therese of Lisieux: A Life in Five Acts;’ email e.berkopec@gmail.com.

Sister Rosemarie Carfagna; retreats for groups on various topics; email rcarfagna@ursuline.edu.

Sister Anne Marie Diederich; Copley/Akron area; email amdiederich@yahoo.com.

Sister Maureen Grady; retreat days or evenings; email mgrady@ursulinesisters.org.

Sister Donna Kristoff; retreat days/weekends on Thomas Merton, art and spirituality; email dkristoff@ursulinesisters.org.

Sister Beverly LoGrasso; Sunday days of recollection for women; email blograsso@ursulinesisters.org.

Sister Maureen McCarthy; weekend or evening retreats on spirituality or scripture; email mp.mccarthy@gmail.com.

Sister Gale Marn; retreats and days of recollection; call (440) 449-1200, Ext. 323.

Sister Ellen Themes; one-day retreats on art and spirituality, mandalas, artist’s way, visual journaling, and the elderly and creativity; email ethemes1141@yahoo.com.

Sister Anita Whitely; non-violence retreats; email awhitely@ursulinesisters.org.

Sister Elizabeth Troha; aging and relaxation and stress reduction; email liztrohaosu@aol.com.

Sister Maureen Grady; centering prayer, contemplative living/practice and the discernment process; email mgrady@ursulinesisters.org.

Sister Beverly LoGrasso; Saturday or Sunday reflections on spirituality of justice/nonviolence for parishes; email blograsso@ursulinesisters.org.

Writing/Editing

Sister Renee Oliver; penmanship lessons and workshops; email roliver@ursuline.edu.

Sister Elaine Berkopec; email requests to e.berkopec@gmail.com.

Sister Francis Borgia; writes magazine reviews; call (216) 781-3481.

Sister Susan Bremer; articles, editing and proofreading; email sbremer@ursulinesisters.org.

Sister Rosemarie Carfagna; books and articles on religious topics, spiritual development; email rcarfagna@ursuline.edu.

Speakers/Presentations

Sister Mary Ellen Brinovec; creative prayer; Labyrinth as an ancient prayer tool; email mebrinovec@sbcglobal.net or call (216) 382-0547 or (216) 407-1836.

Sister Donna Capuano; the “Role of Faith in Life Transitions” and other topics; email dcapuano@ursulinesisters.org.

Sister Christine DeVinne; various topics including the Shakers; Salem Witch Trials; saints and how they are canonized; confession in everyday life; and the study of names; email cdevinne@ursuline.edu.

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Sister Joann Kessler; “A Sharing of Little Known Facts in the History of Cleveland Ursulines;” email jkessler@ursulinesisters.org.

Sister Janet Moore; presents to adult groups on ways to listen to classical music as a bridge to contemplative prayer; email jmoore@ursuline.edu.

Sister Sheila Marie Tobbe; presents to various cultural and religious groups (including Spanish speaking groups) on peace and justice issues such as creating a culture of hope, nonviolence, keeping the Martyrs alive, trauma and trauma release, and creative responses to conflict; facilitates ministry development in peace and justice, direct service and advocacy; works with multi-cultural groups to deal with issues that can prevent healthy communication; email sheilamarie10@juno.com.

Mediation Training/Non-Violence

Sister Noel Marra; workshops on conflict resolution, peaceful communication directed to adults in workplaces, teachers and students; email nmarra@ursulinesisters.org.

Sister Anita Whitely; retreats, mediation training and service; email awhitely@ursulinesisters.org.

Sister Sheila Marie Tobbe; email sheilamarie10@juno.com.

Programming for Catholic Schools/Educators

Sister Irene Charette; faculty retreats; certification classes in religion at St. William Parish or other mutually agreeable school; assists with eighth-graders for Spirit Day and second-graders for Jesus Day; email idcharette@yahoo.com.

Sister Gale Marn; courses for teacher training in religion; RCIA and sacramental meetings for parents; call (440) 449-1200, Ext. 323.

Sister Carla Murar; days of reflection for teachers and parish religion teachers; email scmurar@yahoo.com.

Sister Noel Marra; helps develop elementary school curriculum in social justice; email nmarra@ursulinesisters.org.

Sacramental Preparation/Resources

Sister Donna Marie Bradesca; adult education on Catholic belief topics and pre-sacramental talks to adults/parents on Reconciliation, Eucharist and Confirmation; email sef724@verizon.net.

Sister Carla Murar; Pre-sacramental talks for adults/parents on Penance, Eucharist and Confirmation; email scmurar@yahoo.com

Sister Patricia Marie Thomas; liturgical singer for weddings, funerals and other weekend events; email pmthomas@ursulinesisters.org.



**Transforming Society
through Contemplation,
Justice and Compassion**